

Birth - Pre K Faith Formation

Families will receive a **monthly e-newsletter** that focuses on helping kids explore faith concepts in the way they know best—through play! Please make sure I have your updated email address so we can add you to our list.

October Online Gathering - No childcare needed! Parents of birth - Pre-K children, join us after the kids go down for conversation, questions, venting, and laughter as we discuss the joys and challenges of raising young children. Link to Zoom meeting will be emailed out prior to meeting and a Doodle poll for possible dates will come out in September. Please let me know if you have any questions.

VoP Fall Community

- **Tuesday "Faith in Place" Videos** can be found in our Valley of Peace Active Community Facebook Group
- **Sept. 13 Rally Sunday** Grab and Go ice cream and faith supplies, activities, food drive, and more!
- **Oct. 25** Neighborhood Pumpkin Hunt
- **Nov. 8** Fall Yard Work Family Service Project
- **Nov. 15** VoP Chili Cook Book Available!

Children's Faith Formation Kindergarten - 5th Grade

Sunday Zoom Gathering - 9:30 am

Following the Narrative lectionary, Emilie will lead students through a short weekly bible story and game prior to worship each Sunday. Zoom link will be emailed out the Tuesday prior. Let me know if you have any questions

NEW! Grab and Go Faith Supplies

Pick up supplies for a month's worth of faith formation activities, crafts, and family devotions to do on your own time and pace at home! No screen needed. Activities will follow the Narrative lectionary and enhance Sunday worship and faith formation programming. The first box will be available for pick up on Rally Sunday, Sept. 13, and on the first Sunday of every month thereafter. Grab and Go Faith supplies are free and our gift to you. Please SIGN UP so we know how many to make! If you are unable to pick up a box on any given Sunday, other arrangements can be made.

Contact Us

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Youth Faith Formation 6th - 12th Grade

Confirmation and High School Youth Group

Like all of us our youth have experienced so much change and loss in 2020. This fall our goal is to provide a sense of community for these young people and a place in which they can process these life changes, anxiety, and stress through a faith lens.

After giving families time to settle into new school routines in the month of September, we will be meeting online for a six week "retreat" focusing on self care, mental health, and relationship building. Link to Zoom meeting will be emailed out the week prior.

Please email with questions.

Wednesdays (6:00-7:00 pm) Zoom Topics

Wed. Oct. 7th: Anxiety

Wed. Oct. 14th: Loss and Gratitude

Wed. Oct. 21st: Self Care Tool Kit

Wed. Oct. 28th: Anger

Wed. Nov. 4th: Stress and Distress

Wed. Nov. 11th: Mindfulness

VALLEY OF PEACE LUTHERAN CHURCH

FALL 2020 CHILDREN, YOUTH, AND
FAMILY PROGRAMMING



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